## **FEDERATIONS IN PRACTICE**

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### WE ARE NOT

TEACHING GRANDMA TO SUCK EGGS

# INTRODUCTION



- MB ChB Birmingham 1980
- JCPTGP 1985
- GP principal 1985-2005
  - 2 handed outer suburban
  - Single handed inner city > 2 handed > 3 handed
  - Highly deprived inner city 5 partners
- Medical manager & freelance OOH GP
- Experience in LMC, HA, GMC, Deanery

### EXPERIENCE

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1992-87 Birmingham Multifund

1996 Birmingham PCA "Docs R Us"

1996 + Badger GP fundholding federation Internal sub-federations

Extended partnership Extended services

GP mutual services NFP NHS provider FP healthcare services

### FEDERATION



- A group of states with a central government but independence in internal affairs
- An organisation or group within which smaller divisions have some degree of internal autonomy

Origin Latin: foedus (league); foederare (to ally)

### Autonomous partners



### Shared centre



### Diversity







### MOTIVATION

- Common denominator
- Achievement of common goals
- Sharing of resources
- Management of risk

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Fear brings people together, greed keeps them together, but only passion is sustainable

# RCGP Survey 2010



- Strengthening the capacity of practices to develop new services out of hospital
- To form an entity that can tender for services offered by a future GP commissioning consortium
- To make efficiency savings/economies of scale, for example in back office functions or the procurement of practice services
- To improve local service integration across practices and other providers
- To enhance the capacity of practices to compete with external private sector companies
- To strengthen clinical governance and improve the quality and safety of services
- To develop training and education capacity

## TENSIONS

- Profit v NFP
- Exclusive v inclusive
- Pathfinder v shepherd
- Concordance v subsidiarity
- Federation v merger
- Democracy v dictatorship



### **PRACTICAL ASPECTS**



**COOKERY FOR BEGINNERS** 

- Trial & error
- TV chef
- Recipe book
- Kitchen assistant
- Personal cook
- Catering company

#### 2015

Purpose, function & structure

Services

Resources

Membership & size

Development

Governance

Business planning

Communications & engagement

Sustainability



#### **Collaborative GP networks**

A step-by-step guide to setting up a GP network March 2015

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British Medical Association bma.org.uk



<u>bma.org.uk/practical-support-at-work/gp-practices/gp-networks</u>

#### TOOLKIT TO SUPPORT THE DEVELOPMENT OF PRIMARY CARE **FEDERATIONS**

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Candace Imison, The Kings Fund

Sally Williams, for The King's Fund

Judith Smith, The Nuffield Trust

Christian Dingwall, Hempsons Solicitors

### **The King's Fund>** Ideas that change health care

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### HEMPSONS



#### CONTENT INDEX

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THE TOOLKIT OVERVIEW

- 1. COMING TOGETHER WHERE DO WE BEGIN?
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- 3. GOVERNANCE
- 4. INVOLVING PATIENTS AND THE PUBLIC
- 5. ENGAGING THE WIDER PRIMARY CARE WORKFORCE
- 6. IMPROVING QUALITY AND SAFETY
- 7. TRAINING & EDUCATION
- 8. DEVELOPING & REDESIGNING SERVICES
- 9. TACKLING PUBLIC HEALTH ISSUES
- **10. SHARING BACK OFFICE FUNCTIONS**
- 11. WORKING WITH AN EXTERNAL PARTNER

### SUCCESS



- First patients, first 100 members
- First million in the bank
- Flu pandemic
- New urgent care services
- Social enterprise
- "You saved my life / marriage / career"

# CHALLENGES

Internal

• External

System Change



### INTERNAL



- Leadership, consent, trust
- Factions, entryism
- Apathy, maintaining engagement
- Governance
  - Financial
  - Corporate

### EXTERNAL



- Regulation, legal & financial
  - Company / partnership law
  - CQC
  - Corporation tax VAT
  - Employment H&S indemnity pensions
  - •
- Relationships & reputation
  - Collaboration & joint ventures
  - Competitors
  - Customers

## SYSTEM CHANGE



- Anticipation & horizon scanning
  - NHS structural change
  - Contractual change
- Adaptability
  - Take up new opportunities
  - Adapt to new requirements
  - Do it differently
- Repositioning
  - Provider / subcontractor / support system

# Newton's Laws of Motion badger

1. Things stay still or keep moving with a steady speed unless a force acts on them.

 When a force acts on an object, it changes the object's speed or direction. The bigger the force, the more the acceleration.

3. Action and reaction are equal and opposite.



